

For immediate release
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PetroWorth Resources Inc. Appoints New Chairman and CFO

Calgary, Alberta – PetroWorth Resources Inc. (CNQ:PTWR) (Frankfurt:T3F) announced today the appointment of Colman O'Brien to the board of directors and as Chairman. The company also announced the appointment of Amy Stephenson to the board of directors and as the company's new Chief Financial Officer.

Colman O'Brien is an experienced business executive and securities industry professional. He is the former CEO of Advanced Media Services, a private cable operator based in Michigan. He was also Executive Vice President at Rockwater Capital Inc., a Canadian investment dealer. Prior to that, he was co-founder, President and Vice Chairman of BayStreetDirect.com, Canada's first internet investment bank. He also served as Senior Vice President of TD Evergreen, which was TD Bank's wealth management division.

Amy Stephenson is a seasoned corporate finance professional with extensive international experience. Most recently, she was an equity research analyst with e-Research, focusing on the mining sector and special situations. She is the former Chief Financial Officer of GoldQuest Mining Corp., a TSXV listed company. She was also CFO at Hanfeng Evergreen Inc., a TSX listed company. Earlier in her career, she provided corporate finance, independent valuation and due diligence services as a Senior Associate at Evans & Evans.

PetroWorth also announces the resignations of Jim Trainor (Chairman), Alex Falconer, John McLeod and Richard Hawes from the board of directors. The company would like to thank each of the outgoing directors for their efforts and contributions, and wishes them all the best in their future endeavours. PetroWorth's board is now comprised of Colman O'Brien (Chairman), Neal Mednick (President), Amy Stephenson (CFO) and William Forster (outside director).

PetroWorth Resources Inc. is a junior oil and gas exploration company with extensive onshore properties in Eastern Canada. The Company has acquired 100% working interests in almost one million acres in nine separate exploration permits on Prince Edward Island, Nova Scotia and New Brunswick. The strategy of the company is to conduct aggressive exploration programs on these permits, both internally generated and through advantageous farm-in arrangements.

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