

For immediate release
January 16, 2009

Michael Raleigh Joins PetroWorth Board

Calgary, Alberta – PetroWorth Resources Inc. (CNSX:PTW) (Frankfurt:T3F) is pleased to announce the appointment of Michael Raleigh to the Company's board of directors.

Mr. Raleigh holds a Bachelor of Science degree in Chemical Engineering from Queens University and a Masters in Business Administration from the University of Colorado. Based in Houston, Texas, he has more than 30 years of experience in the oil and gas industry, and currently provides technical and commercial expertise to independently managed funds investing in private and public exploration and production companies.

Mr. Raleigh has also held a number of positions in the global oil and gas industry, primarily in the areas of reservoir development strategy, property valuations, completions and production. His experience ranges across North and South America, the UK North Sea, Russia, the Caspian area and the Middle East. In 1985, he co-founded an engineering and software development business which was ultimately acquired by Schlumberger Oilfield Services in 1996. Moreover, while at Schlumberger, he pioneered several large (+\$100 million) field development projects coupled with structured financing.

“Michael brings a wealth of oil and gas experience and expertise to our company, from both the commercial and technical sides of the business,” said Neal Mednick, president of PetroWorth. “He will be of invaluable assistance as we move forward with the exploration and development of our properties onshore eastern Canada.”

PetroWorth Resources Inc. is a junior oil and gas exploration company with extensive onshore properties in Eastern Canada. The Company has acquired 100% working interests in almost one million acres in nine separate exploration permits on Prince Edward Island, Nova Scotia and New Brunswick. The strategy of the company is to conduct aggressive exploration programs on these permits, both internally generated and through advantageous farm-in arrangements.

Contact: Neal Mednick
President
PetroWorth Resources Inc.
(416) 214-1551 ext. 225
nmednick@petroworth.com

CAUTION REGARDING FORWARD LOOKING STATEMENTS

Certain statements contained herein constitute forward-looking statements. The use of any of the words "anticipate", "continue", "estimate", "expect", "may", "will", "project", "should", "believe", and similar expressions are intended to identify forward-looking

statements. These statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. The Corporation believes the expectations reflected in those forward-looking statements are reasonable but no assurance can be given that these expectations will prove to be correct and such forward-looking statements included in this report should not be unduly relied upon. The Corporation does not undertake any obligation to publicly update or revise any forward-looking statements. The Corporation has adopted the standard of 6 Mcf:1 BOE when converting natural gas to BOE. BOEs may be misleading, particularly if used in isolation. A BOE conversion ratio of 6 Mcf:1 BOE is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead.